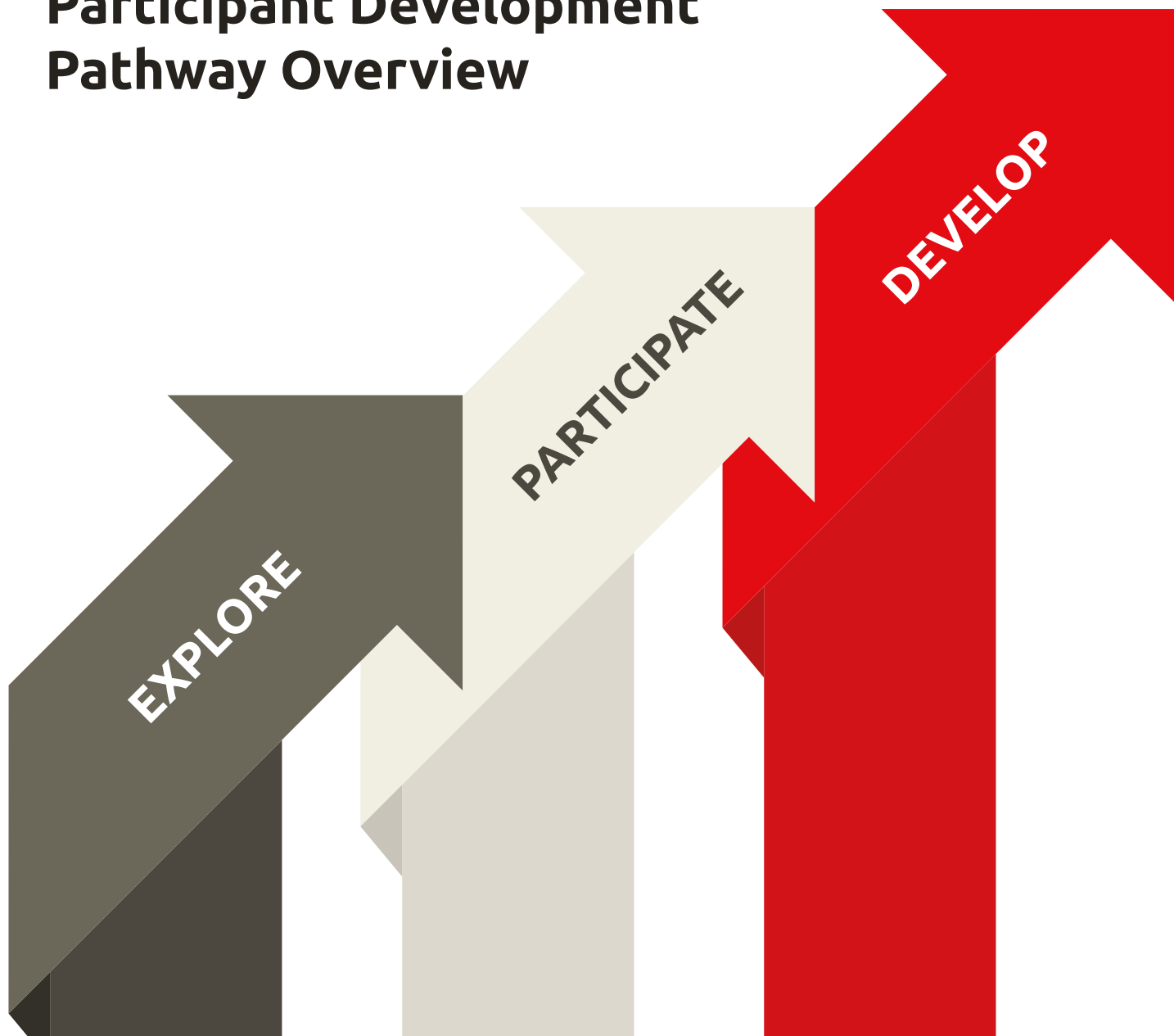


Special Olympics Australia Participant Development Pathway Overview



Participate Phase

Increased commitment to Special Olympics Australia training, movement & skills

- ✓ The **Participate** phase is characterised by participation in Special Olympics Australia club delivered programs, school-based sporting programs, sport specific training and formal engagement in local competition.
- ✓ In all cases, foundational skills developed in the Explore phase are now applied within the constraints or conventions set by Special Olympics Australia competition rules and regulations and the movement skills become more specialised to the individual sports disciplines.
- ✓ Participants may remain in the Participate phase for a life time (through choice or ability), or move quickly beyond this phase into the Develop phase



Key Motivators

Participation for wellbeing, fun, fitness and challenge - sports specific skills and competition experiences.

Key Drivers

Clubs, coaches, fellow competitors, self, parents / carers.

Special Olympics Australia Programs

Special Olympics Australia club training, school programs

Special Olympics Australia Events

Local - intra / interclub single, or multi-sports events hosted by Special Olympics Australia clubs, or in partnership with State and National Sporting Organisations.







Australian Physical Literacy Framework Alignment:

Stage 1 - Foundation and Exploration
and/or

Stage 2 – Acquisition and Accumulation

(at this stage a person is either learning and exploring their capabilities for movement and/or frequently practicing and refining their capabilities for movement).

Special Olympics Australia Coach Accreditation Level	Broad Descriptor	SOA PDP Phase	Special Olympics Australia Coach Accreditation Requirements	Recommended
 <p>Explore Coach</p>	<p>Coaches of entry level participants and those engaged in the Special Olympics Australia Young Athletes and Community Sports Programs.</p>	<p>EXPLORE</p>	<p>Young Athletes Coaches</p> <ul style="list-style-type: none"> • Young Athletes Coach Accreditation Course (online). • Developing Physical Literacy for Athletes with an Intellectual Disability (online) <p>Community Sports Coaches</p> <ul style="list-style-type: none"> • Improving Sport for People with an Intellectual Disability Course (online) • Developing Physical Literacy for Athletes with an Intellectual Disability Course (online) 	<p>Special Olympics Australia Introduction to Autism Spectrum Disorder Course (online).</p> <hr/> <p>Practical workshop</p>
 <p>Participation Coach</p>	<p>Coaches of entry level participants actively participating in Special Olympics Australia club or school environments (recreationally or competitively).</p>	<p>PARTICIPATE</p>	<ul style="list-style-type: none"> • Improving Sport for People with an Intellectual Disability Course (online) • Developing Physical Literacy for Athletes with an Intellectual Disability Course (online) 	<p>Special Olympics Australia Introduction to Autism Spectrum Disorder Course (online).</p> <hr/> <p>Practical workshop</p>
 <p>Development Coach</p>	<p>A coach who has chosen a specific sporting discipline/s to coach participants, who are actively competing in a club / state and national Special Olympics Australia events.</p>	<p>DEVELOP</p>	<ul style="list-style-type: none"> • Improving Sport for People with an Intellectual Disability Course (online) • Developing Physical Literacy for Athletes with an Intellectual Disability Course (online) • Current entry level Sport Specific Coach Accreditation in the sports being coached. • For coaches attending international events: Special Olympics World Games Preparation Training Program (online) 	<p>Special Olympics Australia Introduction to Autism Spectrum Disorder Course (online).</p> <hr/> <p>Practical workshop</p>
 <p>Coach Developer</p>	<p>A practical workshop facilitator and coach mentor supporting coaches with their delivery.</p>	<p>ALL</p>	<p>Special Olympics Australia Coach Developer Training Program (on-line + practical workshop).</p>	