



**Young Athletes** is an inclusive gross motor program that develops the fundamental skills of all sports. We welcome children who experience disability, siblings and friends who do not experience disability ages 2 to 8 years old.



## Young Athletes includes:

- Weekly training sessions led by a trained early childhood head coach and support from volunteer assistants
- Individualisation of activities to meet the child's skill level through modification, adaption or extension
- Focus on fundamental skills of sport: multi-sport gross motor skills, social skills of sport, along with health & fitness
- Opportunity to progress onto various Special Olympics sports through weekly sports and competitions at the Club and State level.



## Saturdays 3:30 to 4:30 pm

during school terms

All weather location at Southern Sydney Trusted Care 248 The Boulevarde Miranda



Register your interest by contacting:

youngathletes.soss@gmail.com

